



ABERCORN BUSINESS SALES
SUCCESSFULLY SELLING YOUR BUSINESS



Two South London Wellness, Physiotherapy & Cryotherapy Specialists Clinics with Loyal Clientele and Repeat Revenue for Sale

South London

Asking Price: £175,000

Reference: MC07-ABS | Confidential Memorandum

Asking Price: Offers in the region of £175,000 (on a cash free debt free basis)

Business Location: South London

Annual Fees: Circa £400,000 per annum and growing rapidly year on year

Assets: High level of equipment

Executive Summary

These two South London Wellness, Recovery & Aesthetics Clinics present a highly attractive opportunity to acquire two trusted, profitable wellness and recovery clinics operating in a thriving sector of the UK health and wellbeing market.

Founded in 2020 and strategically located in busy South London, the clinics offer an extensive portfolio of services including physiotherapy, deep tissue massage, cryotherapy, sports recovery, facials, body contouring, and acupuncture.

Supported by a loyal client base of more than 5,000 clients, a strong reputation with 500+ five-star reviews, and partnerships with professional athletes and sports organisations, these South London Wellness, Recovery & Aesthetics Clinics have become a leading destination for therapeutic and aesthetic treatments.

With a newly secured second location inside a football club, year-on-year growth, and rising demand for recovery and wellness services, the business is well positioned for expansion under new ownership.

Business Overview:

Business Type: Two Wellness, Recovery & Aesthetics Clinics

Location: South London

Established: 2020

These South London Wellness, Recovery & Aesthetics Clinics were launched during the 2020 lockdown to meet growing demand for physical recovery and wellbeing services. Since then, the business has evolved into a respected brand known for high-level service, advanced equipment, and a holistic approach to healing, performance, and wellness.

The business now operates from a high-footfall South London clinic and has recently expanded into a second site within a football club, providing significant scope for increased revenue and brand visibility.

Services & Treatments:

These South London Wellness, Recovery & Aesthetics Clinics provides an extensive range of treatments covering recovery, rehabilitation, pain relief, aesthetics, and wellness.

Massage & Therapy

- Deep Tissue Massage
- Sports Massage
- Pregnancy Massage

- Lymphatic Drainage
- Mobile Massage Services

Sports Rehab & Physical Therapy

- Pre & Post Rehabilitation Therapy
- Sports Recovery Programs

Cryotherapy & Recovery Technology

- Whole-body Cryotherapy
- Localised Cryotherapy
- Cryo Slimming & Toning
- Reboot Compression Boots
- Cupping Therapy

Aesthetic & Wellness Treatments

- Cryo Facial
- Facial Treatments
- Body Contouring & Fat Freezing
- Vitamin B12 Injections

Traditional Treatments

- Acupuncture
- Traditional Acupuncture

These complementary services create strong cross-selling opportunities and support high customer retention.

Market & Clients:

Client Base

- Over 5,000 registered clients
- High volume of weekly and monthly regulars
- Professional athletes and sports teams rely on the clinic for recovery
- Broad demographic appeal: athletes, local residents, wellness-focused consumers, individuals seeking pain relief or aesthetic enhancement

Market Positioning

These South London Wellness, Recovery & Aesthetics Clinics are positioned as a premium yet accessible provider of integrated recovery and wellness treatments. Its reputation is strengthened by:

- 500+ 5-star online reviews
- Strong social media presence
- Word-of-mouth referrals
- Trusted, well-trained therapists

Competitors

While there are other clinics offering wellness services, these Wellness, Recovery & Aesthetics Clinics differentiates itself through:

- Exceptional customer service
- Consistent staff training
- Advanced cryotherapy and recovery equipment
- Strong brand reputation
- Partnerships with athletes and sports environments

Market Outlook

Demand for wellness, recovery, and mental-health-related treatments continues to grow rapidly in the UK. The business is ideally positioned to benefit from these long-term trends.

Business Operations:

Premises & Locations

- Main Clinic: Leased premises in a high-footfall South London area (full details post-NDA)
- Second Location: Newly operating site within a football club – expected to increase profitability

Annual Rent: £15,000

Rent Review: Annually

Staffing

- A total of eight employees including part-time staff
- All employees under formal employment terms
- Well-trained therapists, some considered key employees

Systems & Processes

- Efficient booking and scheduling system
- Strong social media and digital presence
- Operations are simple and easy to learn; new owners can be trained quickly

Owner Involvement

The owner is willing to provide full handover and training support during the transition. Vendor does not work day to day in the business but operates at a strategic level.

Financial Summary:

Financial details are available upon signing a Non-Disclosure Agreement.

- Turnover: Annual Fees Circa £400,000 per annum and growing year on year
- Impact of second location: Expected uplift in revenue and profit

A full financial pack, including P&L, balance sheet, and forecasts will be provided to qualified buyers.

Growth Opportunities:

There is substantial potential to expand the business beyond current performance:

Immediate Opportunities

- Growth from newly opened football club location
- Extend trading hours or add additional therapists
- Introducing memberships, bundles, or monthly wellness plans
- Expand mobile services

Medium-Term Opportunities

- Collaborations with gyms, sports teams, beauty clinics, physiotherapy centres
- Add new aesthetic or wellness technologies
- Increase marketing spend on paid social advertising

Long-Term Opportunities

- Replicate the business model into additional locations across London
 - Franchise opportunity based on strong brand reputation
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Reason for Sale:

The owner is selling to focus time and investment on other business ventures.

Support and training:

They have committed to providing full support, training, and a smooth handover. A non-compete agreement will be offered.

Next Steps:

This opportunity is available exclusively through Abercorn Business Sales. Full details, financials, and the business address will be released only after a signed Non-Disclosure Agreement (NDA) is returned.

To Proceed:

1. Request and sign the NDA
2. Receive full financial information and further operational details
3. Arrange a confidential discussion or viewing

Contact: Abercorn Business Sales. e-mail: expert@aberncornbusinesssales.com or telephone: [0800-246-1313](tel:0800-246-1313) Confidential Business Brokerage – No Upfront Fees

Confidentiality Notice:

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Commercial Finance:

Abercorn Business Sales are specialists in highly confidential off-market business sales. Should you require commercial finance, we have a panel of leading commercial finance brokers with access to the whole market to enable you to source the best possible terms.





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Next Steps & Contact

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